



Premium Contractor Advantages

Health & Well-Being: ERS-EAP: Employee Resources



The PCA offers our signatory contractors a variety of extra benefits and resources to help your business grow and prosper, including access to the following services and online resources of ERS-EAP. *ERS-EAP is the service provider responsible for administering crucial evaluation, counseling and follow-up to our "Drug Free Alliance Program."* Moreover, as a contractor covered by the PCA's union contract, you and your employees *who do not belong to the union* also are welcome to utilize the ERS-EAP's many available services and programs sponsored on your behalf by the PCA. In addition, your Local 130 member employees enjoy numerous ERS-EAP benefits as part of Local 130's Welfare Fund-sponsored offerings, including:

- Mental Health Counseling
- Life Coaching
- WorkLife Resources (including child and eldercare resources and referrals)
- Personal Assistant (non-transactional concierge services)
- Medical Advocacy
- Financial and Legal Resources and Referrals
- Training Services
- Critical Incident Stress Management services
- Leader Consultations
- MyLifeExpert Web Tool access

To learn more about our exclusive PCA Affiliate "Premium Contractor Advantages" including the many beneficial services offered by ERS-EAP, call the PCA office at 312-563-9526. Also visit the ERS-EAP website at www.mylifeexpert.com and use the access code (pcaeap). From there, you and your employees will need to create your own new profile including a username and unique password. Once activated, you will gain access to valuable ERS-EAP resources, articles, online courses, and counselor services.



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We are always looking to provide more benefits, value and efficiency to our contractors and affiliates. For a complete listing of our Premium Contractor Advantages, visit www.pcaofchicago.com